Brief Negotiated Interview: Motivational Interviewing Observation Form

## Student role playing the nurses: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## Observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Place a* √ *in the column corresponding to the motivational interviewing technique each time you observe the interviewer utilizing the technique*.

|  |  |  |
| --- | --- | --- |
| **Technique** | **Number of times used -√** | **Total** √ |
| 1. **Asking permission**
 |  |  |
| 1. **Open-ended question**
 |  |  |
| 1. **Affirmation**
 |  |  |
| 1. **Reflection**
 |  |  |
| 1. **Summary**
 |  |  |
| 1. **Ask about pros & cons**
 |  |  |
| 1. **Utilize 0-10 Ruler**

**0-10 Ruler importance****0-10 Ruler readiness** **0-10 Ruler confidence** |  |  |
| 1. **Recognizes and responds to change talk**
 |  |  |
| 1. **Includes key components of BI.**

**(feedback, advice, goal setting).** |  |  |
| 1. **Provides accurate information appropriate for risk level**
 |  |  |
|  |  |  |

Write down one example of a reflection that the nurse used during the interview:

Identify any specific barriers that may have occurred in the interview.

Provide specific recommendation for improvement in the communication techniques used in the reviewed scenario.