



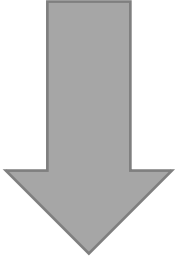
# Risk Level Based on CRAFFT+N 2.1 HONC Score + CAR Question

Screening

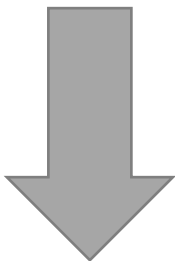
No use in past 12 months  
and "Yes" to CAR Question

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Medium Risk: Driving/Riding



**Brief  
Intervention  
for  
Driving/Riding  
Risk**  
(3-5 minutes)



Follow Up

**Offer praise and recommend no continued substance use.**

- "You indicated that you don't use substances which is a great choice for your health and wellbeing. As your provider I recommend that you continue to not use substances."
- If you learn more: "It's great that you have not driven a car under the influence of substance use" or "It's great you've not ridden in a car with someone using substances."

**Explore what they know about driving/riding risk.**

- "What do you know about the risk of riding in a car with someone using [substance]?"
- "What do you know about the risk of driving under the influence of [substance]?"
- "Can you tell me more about riding in a car with someone who had been using [substance]?"

**Provide education and personalized feedback on driving/riding risk.**

- "You indicated that you've driven or ridden in a car with someone who has been using substances...Would you mind if I provided you with feedback?"
- "Drug- and alcohol-related car crashes are a leading cause of death for adolescents (other risks include serious injury, legal issues). For your safety, don't ever get in a car with someone else who has been using drugs or drinking, even if that person doesn't seem high or drunk. And don't ever drive a car after drinking alcohol or using other drugs, even if you don't feel high or drunk. Make arrangements ahead of time for safe transportation and/or a safe ride home.

**Elicit their feedback**

- "What are your thoughts about this? Do you have any questions for me?"

**Plan for follow up.**

- "Do you mind if I check in with you in a few weeks to see how the plan is going to not drive or ride in a car with someone who is under the influence?"

**Summarize, affirm, and thank.**

- "Thank you for taking a few minutes to talk with me today. I appreciate your openness."

**Check in on goal not to drive or ride in a car with someone who has used substances.**

- "How has your plan to not drive or ride in a car with someone who is under the influence of substances been going? Were you able to plan for safe transportation and/or safe rides home?"

**Offer praise if they have not driven/ridden in a car with someone using substances and conduct BI if they have.**

- "It's great that you have not driven a car under the influence of substance use" or "It's great you've not ridden in a car with someone using substances since the last time we met."
- Conduct BI if necessary and elicit feedback.

**Summarize, affirm, and thank.**

- "Thank you for talking with me today about this important topic. I can tell you really care about your health and safety."