

Follow-up Visit Role Play - Patrick (Re-screen + BI + Continuous follow Up/Monitoring)



Role Play Exercise: Partner with one or two other participants to practice conducting follow-up. Your partner will act as the adolescent who scored a 4 on the CRAFFT 2.1 and was referred to a treatment provider for alcohol and marijuana use, and feelings of anxiety and depression.

For this situation:

- Person 1 will act as the practitioner who is seeing the adolescent patient at a follow up visit. Person 1 previously administered the CRAFFT 2.1 at the initial visit and determined based on the score that the adolescent was at risk of experiencing alcohol and other drug related problems and referred them to a treatment provider. Person 1 will practice providing a motivational brief intervention to the adolescent and discuss the adolescent's new screening results on the CRAFFT.
- Person 2 will act as the adolescent who is being seen at the follow up visit and completed the CRAFFT in the waiting room.
- Optional- Person 3 will act as an observer and rate the practitioner on the MI skills used.

Adolescent (Patrick): You are an 18-year-old adolescent who was originally presenting with concerns about feelings of anxiety and stress. During the initial visit with the practitioner, you screened positive for risky alcohol use, and weekly marijuana use, and monthly oxycodone use. You have been receiving care with a treatment provider for your substance use as well as your concerns about feelings of nervousness, sadness, and difficulty concentrating in class. If asked about your substance use, you might say something like: *"I've been going to my appointments. I've stopped drinking alcohol. And now I'm only smoking weed after school once in a while. I've stopped smoking before school, and I don't take anything that would really hurt me anymore at all. Smoking weed makes me feel less anxious. And, I'm not driving while high anymore. Last weekend my friend got pulled over and arrested for drugged driving. He seems like he is going to lose his license for a while. I don't want that to happen to me and now it's on his record. This has been really hard."*